

Panel Member Bios:

Nadia McLaren is Anishnaabe Kwe (Bear Clan) and mixed-ancestry whose family story is rooted in Biigtigong FN, Pic River, located on the North Shore of Lake Superior. She grew up in small towns across Northwestern Ontario and calls Sioux Lookout home. Nadia is a mother of two, a Drawing and Painting graduate of the Ontario College of Art and Design University and brings to her work deep knowledge and experience in the areas of Indigenous community wellness, pedagogy, professional development, meaningful community engagement and relationship building. Nadia McLaren is a published author, an accomplished international public speaker, educator, artist, director and storyteller with more than 15 years' experience working in Indigenous community wellness and educational contexts. She is the creator (writer/director/producer) of an award-winning documentary she made in honour of her grandmother, Theresa McCraw entitled, "Muffins for Granny," (Mongrel Media 2007). This award-winning documentary involved extensive research with community Elders and Residential School Survivors, was the recipient of a prestigious Aboriginal Healing Foundation grant and is part of the esteemed Criterion Collection.

She is currently Manager of Indigenous Health Education at Women's College Hospital and Centre for Wise Practices, Indigenous Health.

Sara Roque is a searcher, learner, artist, collaborator, arts worker, auntie and activist who has worked in the Indigenous arts sector for the most part of the last 25 years. Previous positions include Indigenous arts officer at the Ontario Arts Council, documentary film director with the National Film Board and co-founder of the The Good Medicine and the O'kaadenigan Weengashk arts collectives. She is cocurator of the new Indigenous art collection at Women's College Hospital's Centre for Wise Practices in Indigenous Health. Sara is mixed blood Anishinaabekwe from Shebahonaning (colonially known as Killarney ON), born in Kirkland Lake, and currently living in Tkaronto.

Andrew Balfour of Cree descent, has written a body of more than 30 choral, instrumental and orchestral works, including Take the Indian, Empire Étrange: The Death of Louis Riel, Migiis: A Whiteshell Soundscape, Bawajigaywin, Gregorio's Nightmare, Wa Wa Tey Wak (Northern Lights), Fantasia on a Poem by Rumi, Missa Brevis and Medieval Inuit. He has been commissioned by the Winnipeg, Regina and Toronto Symphony Orchestras, Ensemble Caprice, the Winnipeg Singers, the

Kingston Chamber Choir, Tafelmusik, Toronto Mendelssohn Choir, Vancouver Chamber Choir, Luminous Voices and Camerata Nova, among many others. His works have been performed and/or broadcast locally, nationally and internationally.

Andrew is also the founder and Artistic Director of the innovative, 14-member vocal group Camerata Nova. Founded in 1996, Winnipeg-based Camerata Nova presents an annual concert series as well as special performances. With CamerataNova, Andrew specializes in creating "concept concerts" (Wa Wa Tey Wak (Northern Lights), Medieval Inuit, Chant!, Tricksters and Troubadours) exploring a theme through an eclectic array of music, including new works, arrangements and innovative inter-genre and interdisciplinary collaborations.

Andrew is passionate about music education and outreach, particularly in schools located in low-income areas of Winnipeg and northern communities. Since 2008 he has worked on behalf of organizations such as the National Arts Centre, Camerata Nova, the Winnipeg Symphony Orchestra and various Manitoba school divisions, offering young students empowering sessions in the joy and freedom of self-expression through music. Andrew was Curator and Composer-in-Residence of the WSO's Indigenous Festivals in 2009 and 2010 and in 2007 received the Mayor of Winnipeg's Making a Mark Award, sponsored by the Winnipeg Arts Council to recognize the most promising midcareer artist in the City. In 2017, Andrew was awarded the Canadian Senate artistic achievement medal.