The need for skilled occupational therapists has never been greater. Occupational therapists (OTs) are on the front lines of healthcare providing critical services. OTs are in high demand across a wide range of settings – traditional and emerging, hospital- and community-based. They are indispensable members of interprofessional/integrated healthcare teams for their role in enabling people to lead healthy, meaningful lives regardless of ability, illness or age.

The Master of Science in Occupational Therapy (MScOT) creates graduates with advanced academic and professional knowledge as well as applied research skills for leadership positions in occupational therapy practice. Our emphasis is on applying theory and research evidence to clinical practice through rigorous studies in occupational therapy and research production and utilization. Students in this program complete 18.5 FCE* over the duration of two years. The curriculum is a combination of courses and field work and students can choose to take the program at either the St. George downtown campus or at University of Toronto Mississauga.

As a graduate of the program, you will be eligible to write the certification examination of the Canadian Association of Occupational Therapists, a requirement for registration with the College of Occupational Therapists of Ontario and other professional regulatory colleges in Canada. You may also be eligible to practice occupational therapy elsewhere by passing the licensing requirements specific to that state or country.

* Full course equivalent. A typical 0.5 FCE is over one term (13 weeks), meeting 1–2 times per week. A typical 1.0 FCE is over two terms (26 weeks), meeting 1–2 times per week.
Alumni profile
Meera Premnazeer, MScOT
Graduated 2021

Based on my own experience, I would say three things are important. One, take part in extracurricular opportunities throughout the OT program. This includes applying to work-study positions or volunteering with professors to assist in their research. Having taken part in multiple work-study opportunities throughout the MScOT program, I found them to be a great opportunity to participate in research by the department’s faculty members. This research experience helped me to gain more clinical skills and evidence-based strategies. Volunteering is another great opportunity to make connections with faculty and current OTs in meaningful ways.

Two, make time for yourself, friends and family to enjoy your two years in the program as much as possible. After being in a pandemic while in this program, I see the value of self-care and making time for those whom you are close to more than ever. Having that in-person interaction and connection with others has helped me get through the past two years. Three, research your area of interest and try to plan for your third or fourth placement accordingly, as many OTs end up getting jobs through the connections they make while on placement.

Application Deadline
Fall 2024 Entry
Deadline: early January, 2024
Visit:
https://www.ouac.on.ca/guide/orpas-dates

How to Apply:
ot.utoronto.ca
Email: ot.studentservices@utoronto.ca